

# Session 1 Agenda

## Psychedelic Harm Reduction and Integration

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| Time (PT) | Time (ET) | Program | Details |
| 9:00 (10 mins) | 12:00 (10 mins) | Welcome and opening |  |
| 9:10 (10 mins) | 12:10 (10 mins) | Context setting | Review learning outcomes and experiential learning |
| 9:20 (30 mins) | 12:20 (30 mins) | Check-in and intros | Arrival practice – breath and OAIntention setting |
| 9:50 (20 mins) | 12:50 (20 mins) | PHRI and harm reduction overview | What is harm reduction?What is harm reduction therapy? |
| 10:10 (15 mins) | 1:10 (15 mins) | BREAK |  |
| 10:25 (80 mins) | 1:25 (80 mins) | Assessment | Set the context for assessmentUnderground work – assessment/treatment is not regulated |
| 11:45 (40 mins) | 2:45 (40 mins) | Preparation | What is preparation as it applies to PAT and what does it mean in the context of harm reduction? |
| 12:25 (5 mins) | 3:25 (5 mins) | Closing Practice |  |