



kap

**Foundations of
Ketamine-Assisted
Psychotherapy**

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Module 5
Foundations of Psychotherapy



Module 5

Lesson 5.2

**Inner Healing Intelligence:
Revisited**



Praying, 1984, oil on linen, 48 x 36 in. www.alexgrey.com

Innate capacity to
heal the wounds of
trauma





Properties of the inner healer

Non-linear

Emergent

Multimodal

Unconscious

Why is this relevant for KAP?

How do we support the inner healer?





“In the beginner's mind there are many possibilities, in the expert's mind there are few.”

—Shunryu Suzuki



Integration



Thanks for listening!

To learn more visit
www.novamind.ca

