

## Facilitator Checklist

- Review treatment goals**
- Review intentions from last ketamine session**
- Explore content from their last ketamine session using the “Processing and Integration” client handout**

What do you remember from your ketamine experience?

Describe your ketamine experience in as much detail as possible.

What was most impactful?

What did you experience in your body?

What emotions did you experience?

What wisdom could you draw from this experience?

What is the most significant lesson/insight you would like to hold on to?

How can you see applying these lessons/insights into your life?

What are you struggling to make sense of?

- Discuss options for integration activities**
- Identify and make plans to overcome obstacles that might interfere with integration.**