



kap

Foundations of
Ketamine-Assisted
Psychotherapy

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Module 4

Ketamine Assisted Psychotherapy (KAP)



Module 4

Lesson 4.1

Facilitator Roles in KAP

It Takes a Village...

- Prescriber (i.e. MD/NP/PA)
- Psychotherapist
- Nurse / Medical Assistant
- Support staff

Prescriber Role

- Medical screening
- Collaborate with client on appropriate route of administration and dosage
- Pharmaceutical assistance
 - “Trip stopper”
 - Nausea med
- Work with Nurse / MA on monitoring vitals

Psychotherapist Role

- Facilitate the work of the client's inner healing intelligence
- Educate client in proper preparation, navigation, and integration
- Support client's process (supportive touch, verbal prompts, grounding reminders)

Nurse / Medical Assistant Role

- Work with Prescriber on appropriate dosage and route of admin
- Take and monitor vitals
- Administer medicine
- Provide support to client when needed

Support Staff Role

- Ensure a good “customer experience”
- Friendly and supportive communication
- Ensure clarity regarding scheduling

Regardless of your role

- You are part of the client's "setting"
- Your interactions with the client should be warm, supportive, and calming
- Be thoughtful about the "energy" you bring to the room

Thanks for listening!

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