

CASE DEMONSTRATION

Listen for and record questions that reflect the embodied inquiry process as you listen to the case demonstration.

| EMBODIED INQUIRY STEPS/PROCESS | QUESTIONS IN DEMO THAT REFLECT EACH STEP |
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| IDENTIFY AND ELABORATE A RESOURCE | |
| BRING ATTENTION TO WHAT IS ARISING | |
| TRACK & DESCRIBE PRESENT MOMENT EXPERIENCE AND NERVOUS SYSTEM STATES | |

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| IDENTIFY PARTS (IFS LANGUAGE) | |
| BRING LOVING KINDNESS AND COMPASSION TO DIFFICULT EXPERIENCES | |
| HELPING CLIENT TO REGULATE - USE OF PENDULATION AND TITRATION | |
| SUPPORTING MEANING MAKING | |

INTEGRATION AND APPLICATION
OF LEARNING