



NUMINUS

Session 5 Agenda

FUNDAMENTALS OF PSYCHEDELIC-ASSISTED THERAPY

TIME (PT)	TIME (ET)	PROGRAM	DETAILS
12:00noon (10 mins)	3:00pm (10 mins)	Welcoming and opening	
12:10pm (30 mins)	3:10pm (30 mins)	Set and setting	
12:40pm (30 mins)	3:40pm (30 mins)	Goal and intention setting	Small group exercise
1:10pm (15 mins)	4:10pm (15 mins)	Therapeutic ritual	
1:25pm (30 mins)	4:25pm (30 mins)	Resourcing	Group discussion
1:55pm (10 mins)	4:55pm (10 mins)	Break	
2:05pm (45 mins)	5:05pm (45 mins)	Agreements in psychedelic-assisted therapy	Small group exercise
2:50pm (10 mins)	5:50pm (10 mins)	Closing	