

## Fundamentals of Psychedelic-Assisted Therapy

PROGRAM AGENDA



START DATE: Thursday February 2, 2023

END DATE: Thursday March 23, 2023

VIRTUAL CLASS DATES: Thursdays at 9am-12pm PT, 12pm-3pm ET (3 hours)

DURATION: 8 weeks

	PRE-WORK (2.5 HOURS)	LIVE SESSION (3 HOURS)	PRACTICE GROUPS (0.5 HOURS)
Module 1: Introduction and Fundamentals	January 30 - February 2	February 2	February 2 - February 8
Module 2: The Therapeutic Relationship	February 3 - February 9	February 9	February 9 - February 15
Module 3: Core Therapist Skills	February 10 - February 16	February 16	February 16 - February 22
Module 4: Core Competencies: Trauma Psychobiology and Trauma-Specific Skills	February 17 - February 23	February 23	February 23 - March 1
Module 5: Preparation Sessions	February 24 - March 2	March 2	March 2 - March 8
Module 6: Medicine Sessions	March 3 - March 9	March 9	March 9 - March 15
Module 7: Integration Sessions	March 10 - March 16	March 16	March 16 - March 22
Module 8: Therapist Self-Care and Personal Development	March 17 - March 23	March 23	March 23 - March 31
Deadline for all outstanding assignments and course feedback survey			March 31