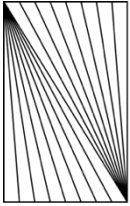




NUMINUS

# Fundamentals of Psychedelic- Assisted Therapy

PROGRAM AGENDA



# NUMINUS

START DATE: FRIDAY AUGUST 18, 2023

END DATE: FRIDAY OCTOBER 6, 2023

VIRTUAL CLASS DATES: FRIDAYS AT 9:30AM-12:30PM PT, 12:30PM-3:30PM ET (3 HOURS)

DURATION: 8 WEEKS

MODULE	PRE-WORK (2.5 HOURS)	LIVE SESSION (3 HOURS)	PRACTICE GROUPS (0.75 HOURS)
Module 1: Introduction and Fundamentals	August 7 – August 17	August 18	August 18 – August 24
Module 2: The Therapeutic Relationship	August 18 – August 24	August 25	August 25 – August 31
Module 3: Core Therapist Skills	August 25 – August 31	September 1	September 1 – September 7
Module 4: Trauma Psychobiology and Trauma-Specific Skills	September 1 – September 7	September 8	September 8 – September 14
Module 5: Preparation Sessions	September 8 – September 14	September 15	September 15 – September 21
Module 6: Medicine Sessions	September 15 – September 21	September 22	September 22 – September 28
Module 7: Integration Sessions	September 22 – September 28	September 29	September 29 – October 5
Module 8: Therapist Self-Care and Personal Development	September 29 – October 5	October 6	October 6 – October 12
Deadline for all outstanding assignments and course feedback survey			October 15