

Fundamentals of Psychedelic-Assisted Therapy

PROGRAM AGENDA



START DATE: THURSDAY AUGUST 17, 2023

END DATE: THURSDAY OCTOBER 5, 2023

VIRTUAL CLASS DATES: THURSDAYS AT 12PM-3PM PT, 3PM-6PM ET (3 HOURS)

DURATION: 8 WEEKS

MODULE	PRE-WORK (2.5 HOURS)	LIVE SESSION (3 HOURS)	PRACTICE GROUPS (0.75 HOURS)
Module 1: Introduction and Fundamentals	August 7 – August 16	August 17	August 17 – August 23
Module 2: The Therapeutic Relationship	August 17 – August 23	August 24	August 24 – August 30
Module 3: Core Therapist Skills	August 24 – August 30	August 31	August 31 – September 6
Module 4: Trauma Psychobiology and Trauma-Specific Skills	August 31 – September 6	September 7	September 7 – September 13
Module 5: Preparation Sessions	September 7 – September 13	September 14	September 14 – September 20
Module 6: Medicine Sessions	September 14 – September 20	September 21	September 21 – September 27
Module 7: Integration Sessions	September 21 – September 27	September 28	September 28 – October 4
Module 8: Therapist Self-Care and Personal Development	September 28 – October 4	October 5	October 5 – October 15
Deadline for all outstanding assignments and course feedback survey			October 15