

# Fundamentals of Psychedelic-Assisted Therapy

## Program Agenda

Need support? Email us at training@numinus.com



START DATE: Friday August 18, 2023

end date: Friday October 6, 2023

Virtual Class Dates: Fridays at 9:30Am-12:30pm PT, 12:30PM-3:30PM ET (3 hours)

Duration: 8 weeks

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| Module | pre-work(2.5 hours) | Live session(3 hours) | Practice Groups(0.75 hours) |
| Module 1: Introduction and Fundamentals | August 7 – August 17 | August 18 | August 18 – August 24 |
| Module 2: The Therapeutic Relationship | August 18 – August 24 | August 25 | August 25 – August 31 |
| Module 3: Core Therapist Skills | August 25 – August 31 | September 1 | September 1 – September 7 |
| Module 4: Trauma Psychobiology and Trauma-Specific Skills | September 1 – September 7 | September 8 | September 8 – September 14 |
| Module 5: Preparation Sessions | September 8 – September 14 | September 15 | September 15 – September 21 |
| Module 6: Medicine Sessions | September 15 – September 21 | September 22 | September 22 – September 28 |
| Module 7: Integration Sessions | September 22 – September 28 | September 29 | September 29 – October 5 |
| Module 8: Therapist Self-Care and Personal Development | September 29 – October 5 | October 6 | October 6 – October 12 |
| Deadline for all outstanding assignments and course feedback survey | October 31 |