* If they feel comfortable jumping in/speaking up, or if they want me to check in at times and ask things like “Do you have anything you want to add?” To support them in that
* How can we best communicate during a session when we are both there for the client.?
* Previous experiences with co-therapy? What worked? What didn’t?
* What if the client wants to move trauma through their body by pushing energy? Will you need support or able to support me physically? Can it be through sitting back to back?
* We talked about having signals we give to each other with established ways to respond
* Agreement for Therapists to ground & set intentions together prior to session to hold space & allow inner healing intelligence