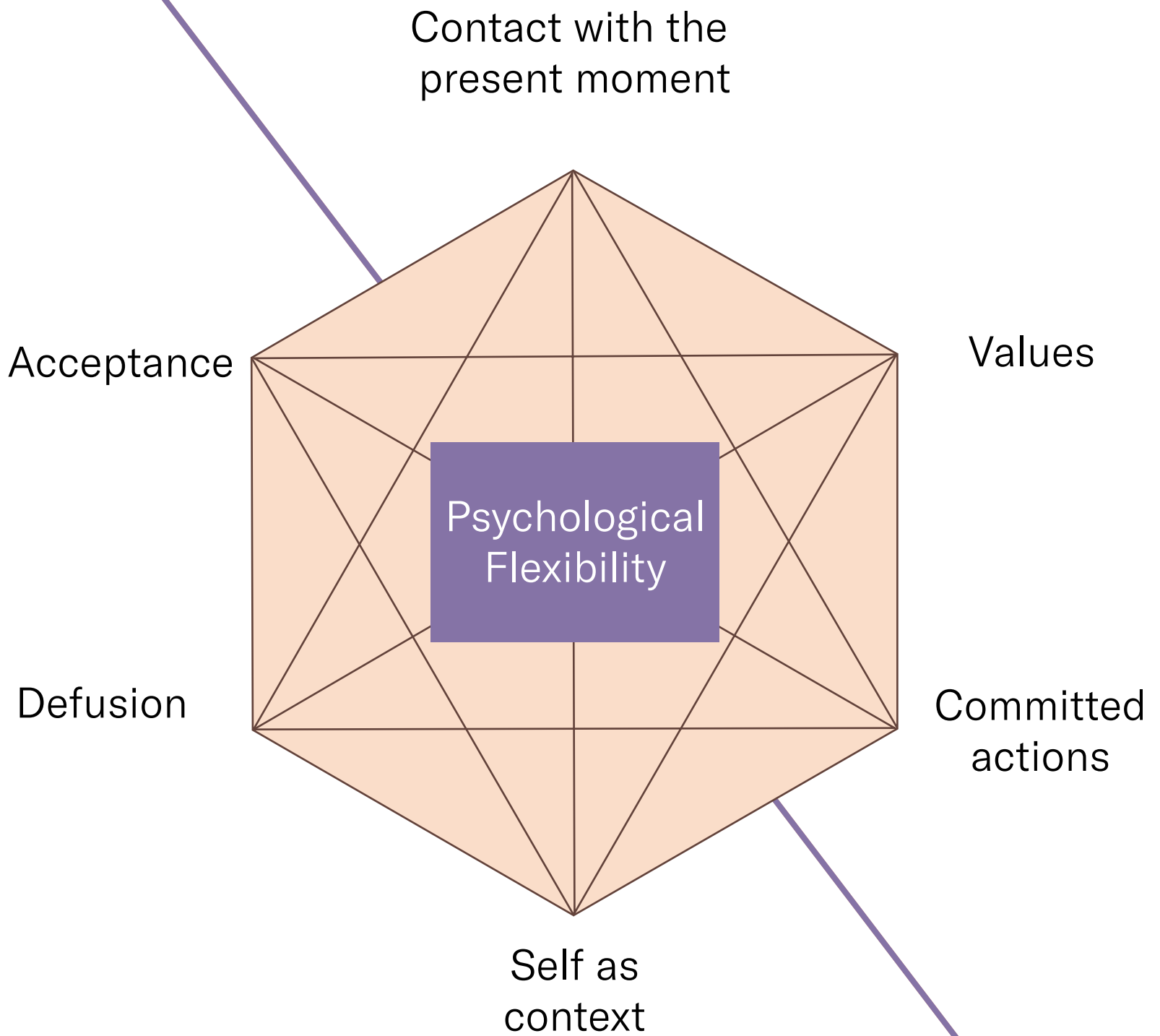


Commitment and behaviour change processes



Mindfulness and acceptance processes